



Monique Epstein

director

Association E-SENIORS

<http://www.e-seniors.asso.fr>

Bilateral Meetings

- (1:00p.m. - 4:00p.m.)

Description

E-Seniors is a non-profit non-governmental organization, founded in 2005 by Monique Epstein, the general manager of the association. E-Seniors aims at fighting e-exclusion by offering ICT training to seniors (people aged 55 and over). Its main objectives are: • to bridge the digital gap between generations, • to foster seniors' social participation, • to propose activities encouraging seniors to spend actively their free time. Since its creation, E-Seniors provides ICT courses for seniors in various public places and constantly opens new courses all over the Parisian region, in order to provide proximity services taking into account the rhythm, the interests and the needs of its audience. Through its actions for and with elderly people, E-Seniors also raises awareness about the importance of ICT solutions in everyday life. The association also proposes interactive gaming activities in elderly residences, retirement homes and day-care centres. E-Seniors is aware of the challenges that both healthy and dependant seniors face up to and is involved in the development of new products and services aiming to boost independent living and to maintain physical and mental health. E-Seniors has a large experience in the management of projects related to ICT tools and healthy ageing financed by European programs, such as Horizon 2020 and Erasmus+

Organization Type

Other,

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Country

France

City

PARIS, 19 CITE DE PHALSBURG [Google map](#)